



*The Income Replacement
Formula LIVE*

A 12-WEEK LIFE WITH PASSION GROUP PROGRAM
WITH CHRISTINE MCALISTER

Introduction

Congratulations, you amazing entrepreneur, you!

You've just taken a HUGE, powerful step on the journey to becoming the person you dream of being. You've drawn a line in the sand and committed to making your dreams a reality. You know you're meant for more, and you've decided you're going to go get it.

AND, you've decided before the last minute. You committed before the doors were closing, so you are going to get results even before our first call. The most successful people make up their minds quickly and today, that's YOU.

That's cause for a major celebration (can you hear me cheering over here?)!

This orientation pack is going to help you get ready for this

life-changing experience and get you in the right frame of mind to really get the most out of this program. It's setting you up on the even faster track to success.

The information in The Income Replacement Formula LIVE will be coming at you quickly, so use this orientation and the upcoming days before the program starts to really get FOCUSED, prepared and clear. This is for you, for your results. The more attention and focus you give it, the more you'll receive in return.

I'm already impressed by you, and I'm so excited to support you in this life-changing program.

So much love and belief in you,

A handwritten signature in black ink that reads "Christine". The script is fluid and cursive, with a large, sweeping initial 'C'.



Personal Information

Name:

Street Address:

City, State, Zip:

Phone:

Time Zone:

Email:

Skype Name (if applicable):

Preparing Your Life

When we're devoting our time and energy for something new, the best way to prepare is to clear out the clutter that's currently taking up our energy and time, so that we create space for the new to come in and take residence.

My surroundings and my internal world needed a lot of decluttering when I joined my first group program, and I credit doing this work as a major factor in tripling my income within the first 3 weeks.

You don't have to do all of these, but determine at least one thing from each category (from my list or your own) to do, and schedule time to do it on your calendar.

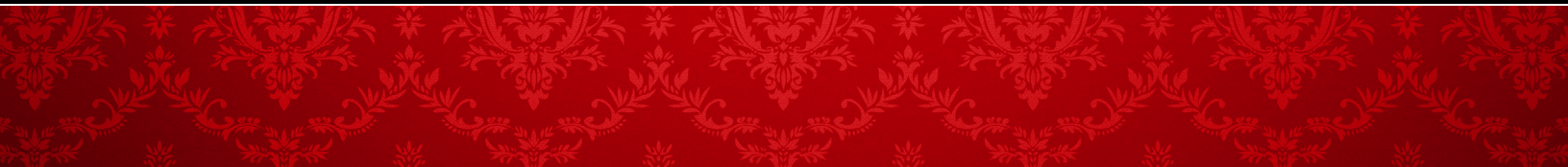
Think of these as business-building and money-making activities, because they are! Suddenly, they're not such drudgery, right?

Here are some of the things I did:

Home

- Cleaned off my nightstand.
- Looked for the things I noticed every day, but hadn't taken the time to clean or straighten, and did those.
- Cleaned out the fridge.
- Organized the pantry.

What will you do?



Hygiene & Personal Care

- Picked out my favorite makeup and put that in a small bag for easy daily access.
- Sorted through the toiletries and makeup I didn't wear anymore, giving away or trashing them.
- Bought new, natural foundation that actually matched my skin AND served as a powder (time-saver!).
- Got myself a new hair product to work with my tricky hair.

What will you do?

Closet

- Straightened and organized the mess.
- Moved everything to plastic hangers (no more wire marks!).
- Went through my closet and got rid of the clothes and shoes that had just been sitting there over the last year or that just didn't fit right, being honest :).
- Gave away a bunch of jewelry and accessories I didn't wear anymore.
- Took bags to Goodwill to donate, itemizing and getting a receipt (tax write-off!).

What will you do?



Workspace

- Cleared up the piles of paper on my desk and in my office, trashing, digitizing and filing.
- Bought a filing folder for paper tax receipts.
- Committed to working out of the house (coffee shop or co-working space) on a regular basis, so I wouldn't be distracted.
- Created a vision board I could see when I worked.

What will you do?

Calendar

- Started tracking my time to see where it was being used and wasted (Toggl.com is a great free app for this).
- Started scheduling EVERYTHING, including specific work tasks, workouts, journaling, and cooking dinner. If it's not scheduled, it isn't real.

What will you do?



Health

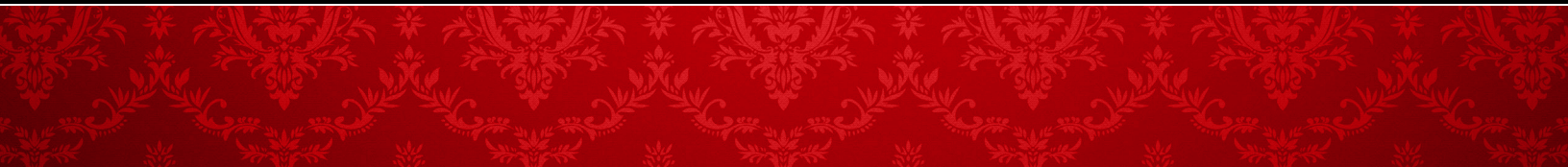
- Scheduled long overdue appointments with dentist, eye doctor.
- Chose a new workout program and got accountability.
- Got new workout shoes and clothes to motivate me.
- Bought delicious food I knew would give me energy.

What will you do?

Business

- Organized computer desktop.
- Organized “downloads” folder.
- Cleaned computer screen & keyboard.
- Got a handle on my email inbox.
- Updated social media accounts.
- Got calendar updated & synced to computer & phone.

What will you do?



Living “As If”

Write down your income goal here:

Your thoughts and words create your reality, so today, I want you to start picturing yourself as the person who makes this amount. With small, incremental shifts, you’ll begin to live as if you are that person, and pretty soon, your life and attitude about what’s possible will look totally different.

How does the person who makes that amount conduct themselves on a daily basis?

How do they:

- Eat
- Dress
- Do their hair or makeup
- Take care of their body
- Care for their mind
- Interact with their family & friends
- Interact with their clients
- Schedule their time
- Prioritize their business
- Give
- Spend their money

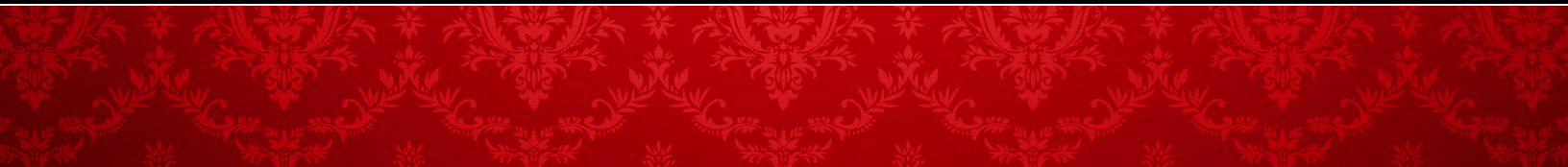
Now, looking at this list, are there any tasks from the previous section that you want to change or add to?

Fantastic! Great work. Notice how you feel as you check these things off the list. You will likely notice yourself feeling lighter, more optimistic, and energized.

What did you notice?

I'll see you in the program in just a few short days!

Christine



“I imagine that you

sense a huge unrealized potential in yourself, an extraordinary level of success you know you can achieve. I also imagine that you worry about falling short of achieving the ultimate success you can see, taste, and smell.

If you feel that way, you're on the threshold of perhaps the greatest opportunity of your life. You're about to make a discovery that will remove the barrier between you and your ultimate success.”

Gay Hendricks, PhD

The Big Leap



Life With Passion

LIFEWITHPASSION.COM
