

Life
with
Passion[™]

Get clear on exactly what you want so that you can start to pave the path to get it

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THE INCOME REPLACEMENT FORMULA LIVE
YOUR DREAM LIFE

Assignments

- Participate in the group call on Tuesday, September 25th at 12PM EDT
- Complete this PDF by Monday, October 1st

** This PDF is for you, so feel free to be completely honest here--you'll only share what you choose with me and the group.*

In this module, you're going to:

- Uncover the lifestyle YOU desire to live so that you can determine how to live a life you love that also pays the bills (+ more)
- Learn simple and easy ways to begin to live your dream life NOW, so that you have even more energy, motivation and inspiration to build your business



And the day
came when the
risk to remain
tight in a bud
was more
painful than
the risk it took
to blossom.

– Jen Sincero



Your Dream Life

This week we embark on a journey to discover, explore, and chart the chosen course for your future.

I am thrilled and honored to help you uncover and live your true passions, desires and calling.

This week's questions are designed to help you gain clarity on what you most desire so that together, we can create exactly that.

I recommend that you make time to answer these questions in a quiet, relaxed environment that inspires you, so that you can really listen to yourself and reconnect to the dreams that you normally may not let yourself give much attention to.

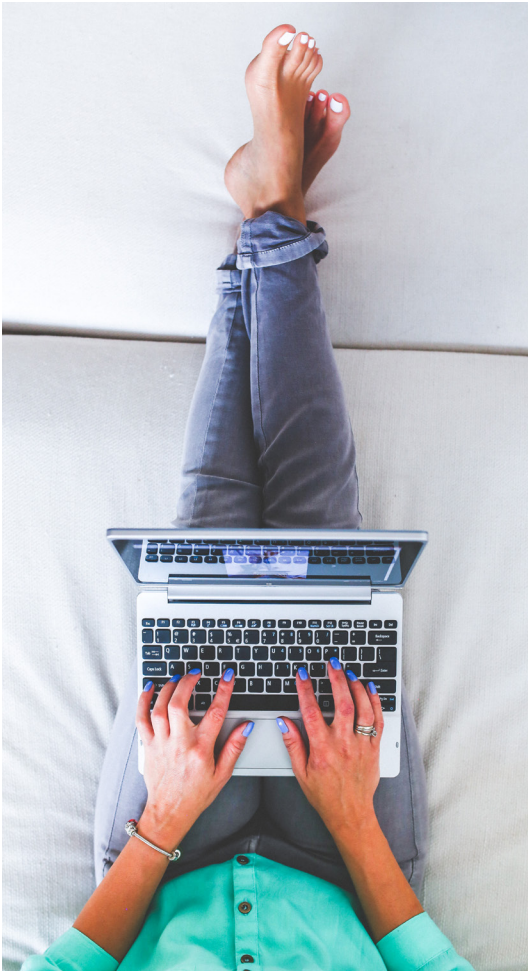
There is no detail too small, no dream too big or outlandish. You have these unique dreams for a reason, and I'm so excited for you, because getting them out of your head and onto paper is the first step in bringing them to life.

Building on what you uncovered and recalled in Week's 1 module, answer these questions about your dream life:

Where do you want to work?



What do you want to wear?



Describe what you're surrounded by.

What smells are in the air?

What hangs on the wall?

What does your desk look like? What does your chair feel like?

What colors do you see?



What do you do when you take breaks?

What hours/days do you work?

What do you eat?



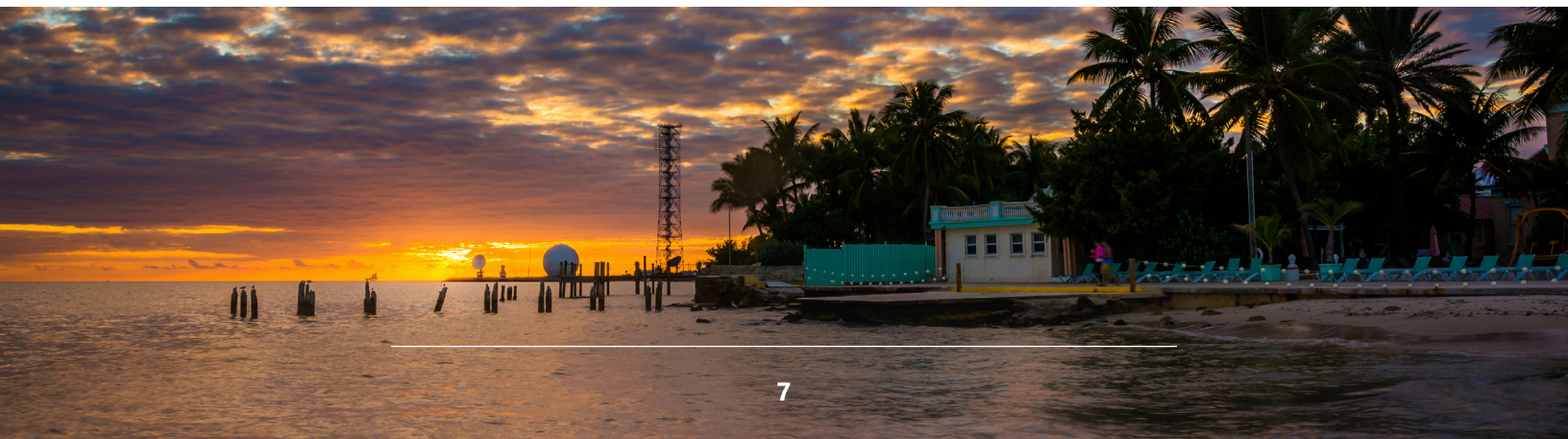


What work does your ideal work day consist of?

What activities does your ideal day off include?

How often do you vacation?

Where do you go?



What makes you feel luxurious?

For me, it's making time to read a fiction book or wearing fuzzy slippers. Some days it's getting the large size of my favorite tea latte, leaving a bigger tip at restaurant or hotel, or buying something fancy at the grocery store.

When it was in my job, it was as simple as taking a full lunch out somewhere rather than eating at my desk.



List some ideas below.

Your thoughts and words create your reality, so today, I want you to start picturing yourself as the person who makes the amount of money you desire. With small, incremental shifts, you'll begin to live as if you are that person, and pretty soon, your life and attitude about what's possible will look totally different.

How does the person who makes that amount conduct themselves on a daily basis?

How and what do they eat?

How do they dress?

How do they do their hair or makeup?



How do they care for their mind?

In what specific ways do they take care of their body?

Describe how they interact with their family & friends.

How do they interact with their clients?

Where and how do they give of their time, money, and resources?

How do they specifically prioritize their business?

Describe how they schedule their time.

How do they spend their money?



Next Steps

- As you think through your dream work scenario that you detailed here, consider where can you choose to incorporate one or more of these things now.
- Journal your biggest a-has at least once this week.



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