

Life
with
Passion[™]

*Your 90-day consistency
plan to finish 2017 with
a 9-5 escape hatch*

8

LEAVE YOUR 9-5 LIVE
YOUR MOUNTING MOMENTUM



Contents

<input type="radio"/>	Assignments	3
<input type="radio"/>	Your Mindset.....	5
<input type="radio"/>	Your Confidence.....	10
<input type="radio"/>	Your Future in Sales.....	13

Assignments

- Participate in the group call on Tuesday, November 28th at 12PM EDT

- Complete this PDF by Monday, December 4th

**This PDF is for you, so feel free to be completely honest here--you'll only share what you choose with me and the group.*

In this module, you're going to:

- Get super-clear on how to choose the most important task YOU can do each day (it's different for everyone!).
- Learn the simple action plan for consistent progress that even the busiest person has time for!
- Create momentum through a clear strategy & action plan.

Overview

It's our last week together; can you believe it?

I'm so excited to celebrate your progress and the journey you've been on. You have made it this far, have shown up, and have accomplished so much--a true testament to what can change in a short period of time when you focus on it!

We have covered a lot of ground here, and you've made a ton of progress, so the focus of this week's module is to reflect on what's been most helpful to you in moving you forward, so that you can build on that momentum by keeping on doing it!

Often, what I find is that when we slow down or start feeling bad, it's because we take for granted what's been working, and we stop doing it!

When we're feeling great about things, we so often forget how we created them, so we let those things fall by the wayside. This is where reflecting and making the time to analyze what's actually working for us is so key, so that we can keep doing them!

What's "working" could mean that you've achieved positive results on any number of things, like:

increased confidence

getting visible

taking action instead of endlessly questioning & researching

doing market research

booking free calls

signing clients

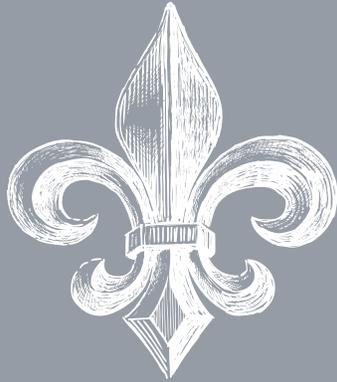
gaining awesome testimonials

shifts and a-has from the modules we've had so far

So today, the best way to build on your momentum is to make sure you notice where it's coming from.

Grab your journal, the past modules, and let's do this!

—Christine



— Your Goals —

We've been on this journey for 60 days together.

What are your intentions for this week and going forward for the next 90 days? Be specific.





— What's Working? —

Now, we're going to dive in and identify what you're already doing well, so that you can keep doing it!

Go through each module you've learned so far and assess:

A) The 1-3 most important thing(s) you've learned that were helpful about each

B) Why each was helpful

C) Whether the topic is something you will be focusing on now for momentum (or if it's not relevant to your business right now)



Week 1: Your Money & Your Mission

How To Replace Your Income With A Business You LOVE

Discover the simple formula to look at what you love in a brand new way.

Release the doubt, fear, and anxiety that tells you it's not possible and begin to understand how it IS!

Assess your current situation & make a strategic plan (hint: it's not as scary as you think!).

Week 2: Your Confidence

Overcoming the fear & self-doubt that's been holding you back

Smash your self-doubt and fear that no one will buy from you

Own your confidence at a deep level

Week 3: Your Clients Are Waiting

Nailing Your Niche

Quickly identify your perfect niche

Discover why you're already ready to serve your clients

Open the door for bringing in your ideal, paying clients



Week 4: Your Freedom-Based Business Blueprint

Creating Spectacular Services, Packages & Pricing

Create the unique package that your ideal client needs & wants

Choose a price that feels deep-down good to charge

Week 5: Your Visibility

Marketing yourself without feeling overwhelmed or like “that person”

Recognize what’s been keeping your wheels spinning.

Learn how to acknowledge & break through it without feeling more overwhelmed.

Week 6: Your Messaging

Creating content that converts

Use your story to create magnetic messaging

Create consistency without feeling overwhelmed by what to say every day

Week 7: Your Successful Sales

Selling in a non-salesy, non-pushy, non-icky way

Learn how to make offers in a way that feels GOOD

Sell in a genuine, authentic way, without pressuring people

Now, let's shift the focus from THOSE people who we're so afraid of being like, and let's study instead the ones who do sell in a way that is authentic and genuine and doesn't feel salesy or pressured.

Let's keep it simple, as you know I love to do, and ask ourselves--who do I know who sells in a way that doesn't feel pressured? And what do I like about the way they sell?

Now, think about someone you bought from because you loved the way they offered what they had for sale. Describe how you came to buy from them and what the sales process was like.

Based on what you wrote above, what attributes, qualities, and/or strategies would you love to adopt as you offer your services or products in your business?

What qualities made you want to work with me?

Here's how to calm your nerves & increase your confidence around sales:

You can start, right now, by making this shift in your mind:

I come from a place of service, not sales.

I am showing up today to explore whether what I have to offer is the right fit to help this person, or these people.

This comes from focusing inward, consciously creating your confidence, and taking responsibility for what you can control--your approach, and your confidence, what you have to offer, and the service or transformation it provides. If you're not sure exactly what that is, you're not going to be selling, so tell me:

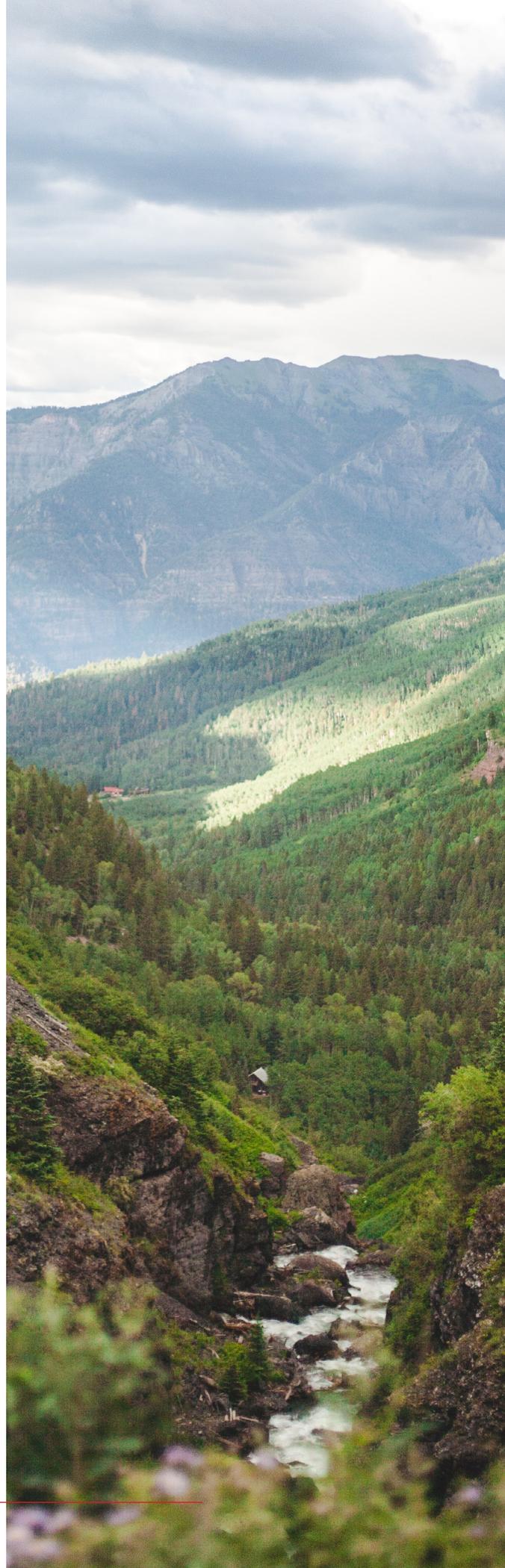
Why do people need to work with you?

What are they going to gain?



**What kind of service are they going to receive?
(Examples: Will they get great customer service?
Responsiveness? Integrity? Follow-through?)**

**What does being “good at sales” mean to you? What
does it look like in your mind?**





— Your Future in Sales —

The world needs more people offering their gifts from a place of service. Yes, there are people who are pushy and just about the money, but that's not you, right?

I think about how different my life would be if I'd never discovered my calling because I didn't have someone to help me along the way. What if I'd never seen the ad from my first coach, because she was scared to put herself out there? My life would look totally different! Think about if you'd never known you could work with me, because I never told you how.

Write your reflections on this below.

How do you feel about sales now?



What thoughts & beliefs do you still need to work on or let go of?

Do you want to get a pitching partner to help practice your sales and give honest feedback?
Does this make you nervous or excited to think about? If you're ready, post in the group and ask!

Conclusion

Sales can feel like one of the most difficult things to deal with when we're starting our businesses, but when we learn to do it in a way that feels comfortable for us, we get to experience the empowerment and income that comes with it!





Life With Passion

LIFEWITHPASSION.COM
